

USER INSTRUCTIONS

Reflex



Reflex has been designed to give optimum support and comfort to the individual throughout the work day, enhancing the productivity of the work force.

Reflex offers a cost effective, ergonomic solution that can be customised to meet individual requirements.

Reflex offers a gently curved, height adjustable back rest and a moulded foam seat for increased comfort with optional memory foam or split seat density. A comprehensive range of ergonomic accessories includes an adjustable head rest to support and relax user's neck and shoulders.

Seat Height Adjustment



Lift lever to raise the seat. Lift lever and apply weight to lower the seat.

Back Angle Adjustment



To adjust back angle independently of the seat, push down the switch (marked back) on the right hand side under the seat. (left on synchro) Lift to lock in position. Leave back unlocked for free float mode to encourage body movement. Turn hand wheel clockwise to increase tension to compensate for body weight, anti-clockwise to decrease.

Seat Tilt Adjustment



To adjust angle of the seat, push down the switch (marked seat) on the left hand side under seat. Lift to lock in position. Leave unlocked for free float mode to encourage body movement. Seat adjustment included with ergo mechanisms only.

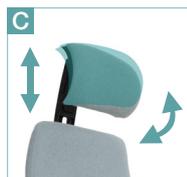
Back Height Adjustment



Lift back via integral ratchet system. Lift the whole of the back and raise to desired position (six clicks to highest position).

To reduce height, lift back to its highest level, and the back will return to its lowest position.

Optional Ergonomic Accessories

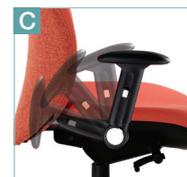


A Seat Depth Adjustment: lift lever on back left side under chair to adjust seat depth.

B Lumbar Support: Repeatedly squeeze bulb under seat to pump up lumbar pillow in back. Gives additional lower back support. Press button to deflate.

C Headrest: Adjust height and angle

Arm Options



A Height Adjustable Arms

B 3D Height Adjustable Arms

C Height Adjustable Fold Down Arms

Height: Lift and hold button on the outside of arms to raise and lower arms to desired height. Release button to lock in place.

3D: Move arm pads once seated to adjust to preferred position.